



NEWSLETTER

The monthly joint publication of the NPM Arlington and NPM DC Chapters.

Fostering the art of musical liturgy.

In this issue...

- 2 Director's Corner
- 3 2018 Convention Chapter Dinner
- 4 Membership Renewal
- 5 2018-2019 Calendar Preview
- 6 Revisit to Sr. Kathleen Harmon
- 7 Let Us Rejoice! Psalm Workshop
- 8 NPM Arlington Membership Form
- 9 NPM DC Membership Form
- 10 Upcoming Events
- 11 Around the Chapters
- 12 Hats Off!/ Board Member List

41ST ANNUAL CONVENTION 



**PRAISE
GROW
SERVE**

BUILDING ON OUR HERITAGE

Baltimore, MD • July 9-13, 2018

CONVENTION PRAYER 2018

We offer you the sacrifice of praise, O Lord, that we may continue to grow in your grace and deepen our faith, so that the gifts you confer on us in music and ministry may be brought to fulfillment in service to you.
Amen.

*This is our last newsletter until September.
To share a summer-time event, please e-mail us
(arlingtonnmp@gmail.com or music@mothersetonparish.org).
Check out our websites and Facebook accounts
for updated information throughout the summer.
We hope to see you in Baltimore!*




*St. Cecelia,
pray for us!*

*Look through this edition for
information about:*

- a **Preview of 2018-2019 Events** (pg. 5)
- Remembering Sr. Kathleen Harmon's presentation (pg. 6 & 7)
- **Membership** Renewal Forms (pg. 8 & 9)

Director's Corner

Author, composer and liturgist Sr. Kathleen Harmon, SNDdeN, PhD, reminds us upfront and personal of what devotion and dedication to the consecrated life really entails and how even just a smidgeon of it rubbing off on us in our lay lives can make us better pastoral musicians.

I share with you my research and interview with her to prepare my introduction of her for her April 28 presentation to our local chapters, entitled *Singing the Psalms Shapes Who We Are*.

The third of 11 children and the oldest daughter born to Pat and Ann Harmon, Sr. Kathleen started piano lessons at age 10. She remembers always singing, joining her junior high school choir and being influenced by lots of church musicians on her mother's side of the family.

Oddly enough, when she entered religious life with the Sisters of Notre Dame de Namur, she didn't do music; the order already had a lot of musicians. So she studied English, literature and writing, which she says she loved. She taught those subjects and became a school administrator. Along the way she earned a master's degree in religious education.

But then in her late 30s, she says she was hit with a lightning-bolt idea: "I want to do music in the Church." It took her three years to convince her superiors to let her pursue a music degree. She ended up as a 38-year-old in classes with 18-year-olds. She received a bachelor's in vocal music, a master's in Church music, and a Ph.D. in liturgical studies.

Along her journey of faith fueled with action, Sr. Kathleen has conducted NPM workshops for about 30 years and is currently the vice chair of the NPM

Board of Directors. But she labels her primary work as the 20 years she's spent traveling throughout the country doing workshops on liturgical music, singing, working with cantors and doing a lot on psalmody.

Sr. Kathleen got me to thinking about how religious life sisters impacted my musical development. My own pre-Second Vatican Council start in liturgical music arrived abruptly when the Daughters of Charity parish organist got transferred. My dear mother promptly volunteered her 10-year-old son and recalcitrant four-year piano student to begin organ lessons to replace the departed sister.

My affinity for choral music started during my high school years in the Glee Club directed by another Daughters of Charity sister. And unwittingly 31 years ago, the Mass of Christian Burial for my mom's goddaughter, a Franciscan Sister of Mary, started my journey back to the Catholic faith after a long hiatus. It was there that I first heard a new Communion hymn, James Moore's *Taste and See*. Its Psalm 34 resonance continues to strengthen me in prayer and the Eucharist.

So as your summer downtime begins, reflect upon your roots. There may or may not be a nun in your picture. But consider influencers on

your musical formation, how they brought you a might long way and how God's plan *is* your plan. It's working for Sr. Kathleen – and for you.

Eugene Harper
Arlington Chapter Director



Sr. Kathleen Harmon, SNDdeN presents on the psalms at the April 28 workshop in Vienna, VA.



2018 National Convention #NPM41

Convention Chapter Dinner

We are excited to have 37 registrants that used the chapter discount method to sign up for the Baltimore NPM Convention, July 9-13. Of the 37, 25 have registered for the **Pastoral Musicians' Dinner** on Thursday, July 12 at 7pm, right after the Convention Eucharist. But we're working to get more of our local convention registrants to sit together at adjoining tables at the convention dinner.

So if you plan, or you know someone from the DMV (District, Maryland, Virginia) who's planning, to attend the convention dinner, please email or have him or her email Arlington/DC convention registration coordinator **Anne Shingler** by **June 22** at a.shingler@gs-cc.org so that she can add you to our growing list. We look forward to breaking bread together in Charm City.



Singing the Psalms Shapes Who We Are

Photos from our April 28 joint event with Sr. Kathleen Harmon: Clockwise from top members of the Arlington/DC boards with Sr. Kathleen at our Saturday, April 28 joint event (top); Sr. Kathleen and Diane Yendrey talk on Friday evening at an informal welcome dinner (bottom right); Sr. Kathleen presents on Saturday morning (bottom left). Check out Facebook for more photos!



2018 - 2019 MEMBERSHIP RENEWAL



Now is the time to review your current membership in your local chapter. Have an annual membership? A three-year membership? Parish or personal? Current one-year memberships end August 31; the new membership year begins on September 1. Not sure of your status? Contact us:

Arlington: **E.J. Cochran**, Membership
ejcochran@aol.com

or

DC: **Remi Bauer**, Membership Coordinator
npmdcmembership@gmail.com

Membership forms are found in this newsletter (pages 8 & 9) or on our websites.

Renew today!

Did you know - Your local chapters are now on Facebook? Find us and like us today!

[Arlington, VA Chapter](#)
[@NPMARlington](#)

[Washington, DC Chapter](#)
[@NPMDC](#)

Check our pages regularly for updates on events, the Convention, and other items of interest for our members.



When Are Your DC Chapter Membership Dues Due?

For many years now, the DC chapter has offered rolling memberships, which gave members different dates for which dues were renewed. In an effort to streamline our operations, we have decided to return to a system where dues payments cover membership from September through August.

Some of you might have noticed that you did not receive renewal notices from the membership chair during the spring. Have no fear, they will be sent out to align with the new dates.

Questions? Contact the DC Membership Coordinator: npmdcmembership@gmail.com

To submit a job posting, classified, or event posting, please send the information, formatted as seen on this page, to Claire Schweppe (clmcaruso@gmail.com) or Tim Lewicki (tlewicki@allsaintsva.org) by the 15th of the month for the following newsletter (i.e. by August 15 for the September newsletter). Please let us know when the position has been filled or your items have been sold/donated.

Thank you.

2018 - 2019 CALENDAR of EVENTS

Preview

The Arlington, VA and Washington, DC Boards of Directors have been working hard on programming for next year, 2018-2019, and are happy to share a glance at what is to come. See our Facebook pages for updates over the summer.

2018 - 2019 EVENTS at a GLANCE



September 21, 2018

Arlington Annual Mass and Dinner

St. Veronica Catholic Church, Chantilly, VA

September 21, 2018

DC Annual Mass and Dinner

Our Lady of Mercy Church, Potomac, MD

October 20, 2018

Arlington Liturgy Day

St. Thomas More Cathedral, Arlington, VA

November 17, 2018

Joint Arlington/DC Event

Bilingual Music for the Rites

Dr. Ricardo Soto, presenter

St. Luke Catholic Church, Mclean, VA

February 2019

DC Annual Retreat

March 5, 2019

Arlington Shrove Tuesday Luncheon

Brion's Grille, Fairfax, VA

Spring 2019

Joint Arlington/DC Event - TBD

We're working out the details, check out the newsletter in September!

A full calendar is underway! Be sure to check out our Facebook pages and websites throughout the summer for updates! And be sure to look for the September Newsletter!

Saving Grace - and Cash

If you had signed up to register for the upcoming July 2018 **Baltimore NPM Convention** using the chapter discount rate, you would have saved as much as \$90 and at least \$40.

Why? How? Well, Arlington NPM Chapter Treasurer Bob Malinowski and Secretary Anne Shingler figured it out: If you registered using the regular advance registration rate, you paid \$360, and if you registered before March 2nd, you paid \$310. But if you held off and until April and became one of the 37 registrants who used the chapter discount route, you ended up paying only \$270 because of all the discounts applied. That's a whopping \$90 off the advance registration, and even \$40 off the early bird rate!

As the saying goes: "Every little bit counts."

Keep this in mind in early 2019 when registration begins for the convention in Raleigh, NC.

In the meantime, we'll see you in Baltimore, some of us with a pocketful of savings!



Singing the Psalms

A Revisit to the April Workshop

BY EUGENE HARPER

Sr. Kathleen Harmon, SNDdeN, Ph.D., radiated a bright light upon the psalms in a jointly sponsored presentation by the Arlington and DC NPM chapters on April 28 in Northern Virginia.

The noted composer, liturgist and theologian spent a Saturday morning with more than 60 attendees from Virginia, Maryland and the District of Columbia gathered at the host parish, Our Lady of Good Counsel in Vienna, VA.

“With all the experience we have from being singers,” she said, “singing and praying the psalms actually does shape who we are. It changes our self-understanding.

“The psalms interpret us,” she said. “This is key. It’s true of all scripture. You can spend your life interpreting the scripture – a passage here, a passage there. We need to do that, but the bottom line is that the scripture is interpreting us. It’s there, it’s a given. The psalms are there. Light is shed upon us. We have here who we are; we have here who God is, and who God is calling us to become.”

Sr. Harmon maintained the psalter is an intelligently edited, not random, collection. “The first word of Psalm 1, *blessed*, begins with the first letter of the Hebrew alphabet,” she said. “The last word, *destruction*, begins with the last letter of the Hebrew alphabet.

“Psalm 1 is not just some random prayer; it’s remarkable in its theology,” she said, adding it’s about Torah: “We walk the way of God.” Psalm 2

is messianic – that is, pointing the way forward to Christ, Sr. Harmon noted. These two psalms set the stage for the entire psalter: “They are the prelude to the whole collection,” she said.

Psalm 150 is the end of the story, Sr. Harmon said, “where everyone lives in peace and collaboration. Praise God. He will get us there.” She calls Psalms 3 through 149 “all of life, all of human history.”



“We are the Body of Christ chosen for mission,” Sr. Harmon said. “We become the text of the psalm. We just don’t sing psalms. We are the psalms, we are the story. When you sing a psalm, cantor, it’s not music on a page. It’s your soul that comes out as a gift.”

She pointed out the key to her whole session: “We become the psalms by actually singing and praying them. They are sacramental, meaning they have the power to transform ... to change the way I’m experiencing and seeing myself in the world. The psalms tell me what the world is about; they tell me there’s suffering. The psalm puts it into context of God’s narrative of salvation, what kinship is all about.

“The psalm is not about me, it’s not personal,” Sr. Harmon said. “It’s about the Body of Christ and God’s work. When we begin to understand that, we sing it in a different way.”

Singing the Psalms

Let Us Rejoice and Be Glad

BY EUGENE HARPER

Sr. Kathleen Harmon wasted no time getting to the meat of her presentation on the psalms to the DC and Arlington NPM chapters on April 28.

The 61 workshop attendees had just begun their day with Morning Prayer led by Gerard Hall, Directory of Liturgy at host parish Our Lady of Good Counsel in Vienna, VA.

“Take a look at the psalm from Morning Prayer, ‘This is the day the Lord has made,’” Sr. Harmon said.

She remembered a liturgical workshop moment at Valparaiso University in Indiana a few years ago where she gave a couple of presentations. “There was this woman rabbi doing a wonderful session on the psalms,” Sr. Harmon recalled, where one example was this Psalm 118.

“Now for you Christians,” the rabbi noted, “the line ‘This is the day the Lord has made’ has been in your tradition in English since the King James version of the Bible. That was the first English translation of that line.

“That’s been in your heritage for generations,” the rabbi continued, according to Sr. Harmon, followed by the bombshell: “Now I want to tell you what a

closer translation actually is: “‘This is the day the Lord has done it.’

“When she said it, it was such a revelation,” Sr. Harmon said, wondering aloud “that, of course, why had we not been singing that to celebrate the resurrection.”

Sr. Harmon then seized upon the moment with the April 28 workshop attendees: She repeated singing the Morning Prayer refrain, inserting the Rabbi’s text: “This is the day the Lord has done it, let us rejoice and be glad.”

*This is the day
the Lord has
made! Let us
rejoice and be
glad!*

“Now isn’t that wonderful?” Sr. Harmon asked afterward. She noted that the Valparaiso conference’s second speaker was none other than composer Fr. Michael Joncas.

“He and the rabbi agreed he would never work to try to reintroduce to the English-speaking Christian world that translation,” Sr.

Harmon said. “There was just too much heritage in the present translation.”

Sr. Harmon sealed her opening monologue with a lasting thought: Every time she sings that psalm now, the rabbi’s translation comes to mind.



MINISTRY MONDAY is the podcast for today's parish minister. Weekly episodes provide opportunities for anyone engaged in pastoral ministry to learn, engage, grow, and be renewed. Content includes interviews with featured guests alongside a treasure-trove of articles, presentations, plenum addresses, workshops, and recordings from NPM publications, conventions, and events. Ministry Monday is a service of the National Association of Pastoral Musicians.

To subscribe, [click here](#)

To learn more, [click here](#)



NATIONAL ASSOCIATION of PASTORAL MUSICIANS
ARLINGTON, VA CHAPTER
Membership Application & Dues Notice
2018 — 2019 Season

DUES:

- Individual for one year: \$15.00 (Student [high school/college]: \$10.00)
Individual for three years: \$40.00
Parish for one year: \$55.00 (unlimited number of members from parish.)
Parish for three years: \$145.00 (unlimited number of members from parish.)

PARISH MEMBERSHIPS: Please include names and information for all members. For more members, please list information on a separate sheet or copy this page and include the extra names and info there.

Name _____ Parish _____

Ministry: [] Choir Member [] Cantor [] Instrumentalist [] Choir Director
[] Music Director [] Other _____

Mailing Address _____

Phone _____ [] Cell [] Home [] Work

Phone _____ [] Cell [] Home [] Work

E-mail _____

Name _____ Parish _____

Ministry: [] Choir Member [] Cantor [] Instrumentalist [] Choir Director
[] Music Director [] Other _____

Mailing Address _____

Phone _____ [] Cell [] Home [] Work

Phone _____ [] Cell [] Home [] Work

E-mail _____

Name _____ Parish _____

Ministry: [] Choir Member [] Cantor [] Instrumentalist [] Choir Director
[] Music Director [] Other _____

Mailing Address _____

Phone _____ [] Cell [] Home [] Work

Phone _____ [] Cell [] Home [] Work

E-mail _____

Mail completed form and check, payable to NPM Arlington to:
NPM/Arlington
c/o Mrs. E. J. Cochran
8311 Morningside Drive
Manassas, VA 20112



National Association of Pastoral Musicians
WASHINGTON, DC CHAPTER
1218 Duncan Place NE, Washington, DC 20002

Individual Membership Application

Dues: ___ One year: \$15 ___ Three years: \$40

Name _____

Address _____

Phone number(s): Home/Work _____ Cell _____

Email _____

Parish _____

* * * * *

Parish Membership Application

Dues: ___ One year: \$55 (unlimited number of members from parish)
___ Three years: \$145 (unlimited number of members from parish)

Parish _____

Members – Please list additional names on separate sheet.

1. Name _____

Address _____

Phone number(s): Home/Work _____ Cell _____

Email _____

2. Name _____

Address _____

Phone number(s): Home/Work _____ Cell _____

Email _____

Please make check payable to: NPM/DC and mail to the above address.

Office use: Date received _____

Upcoming Events

GIA PRESENTS

2018

Washington DC

Summer Choral Reading Session

for Choir Directors

MONDAY, AUGUST 20

Cathedral of St. Thomas More

3901 Cathedral Lane

Arlington, VA 22203

7:00 p.m.–9:00 p.m.

Clinician: Jennifer Kerr Budziak



As always, each session features:

- Free registration
- A complimentary music packet worth over \$40.00
- Choral music in a wide range of styles, difficulty, and voicing
- Music from each season of the church year
- A top-notch clinician

Note: Check-in takes place 15–30 minutes before the workshop

For free registration visit www.giamusic.com/srs or call 1-800-GIA-1358



GIA Publications, Inc.

800.442.1358

www.giamusic.com

A Look Around Our Chapters



Harpist Emily Mason introduces repertoire at her April 21 benefit concert at St. Veronica Church, Chantilly, VA, where she is Director of Music. The concert was a fundraiser to purchase a climate-control unit for the parish's recently acquired century-old Steinway piano.

Send us your photos!

Please consider taking a few photos of your ministry, parish, sanctuary, other other music ministry event, and sharing them with us for possible publication in the Newsletter or on Social Media. Share JPEG or TIFF files with the newsletter editor, tlewicki@allsaintsva.org.

Make a
Joyful
noise
Unto The
Lord!

Introductions, Modulations, and Cadences

As a regular feature of the newsletter, we will recognize those who begin new positions, are new chapter members, or retire from positions. If you, or someone you know, begin a new position, retire, or move away, let us know.

Welcome . . .

to **Dr. Ron Dubois, Jr.**, newly appointed Director of Music at St. Elizabeth Ann Seton Church in Lake Ridge, VA.

Announcements of items of interest to Pastoral Musicians such as concerts, transitions, or special activities are welcome in the monthly newsletter. Deadline for articles, announcements, etc. remains the 15th of each month. Please email Claire Schweppe at clmcaruso@gmail.com.

Be sure to visit the Washington, DC and Arlington, VA Chapters' websites for the latest information on Chapter happenings, registration forms, and events:

www.npmdc.org
www.npmarlington.org



Hats Off!

The following choirs have provided music for the Sunday TV Mass recently. Mass is celebrated in the Crypt Church of the Basilica of the Shrine of the Immaculate Conception in Washington, DC, and broadcast on WDCW-TV (DCW50) each Sunday at 10:30 AM. Check your local cable or satellite provider's listings. Click the image of the Shrine's dome to view recordings of these masses.

St. John Paul II Seminary Choir, Washington, DC
Marymount University Chamber Singers, Arlington, VA



Lord God,
 We put ourselves into Your hands, and pray that You will bless us and our families during the wonderful months of summer. May we all help make our home a place of relaxation, joy, love, peace and safety. May we be generous and considerate, not thinking only about ourselves, but helping others enjoy the blessings of summertime. We ask this through Jesus Christ, our Lord. Amen.



- St. Matthew's Prayers for Summer

NATIONAL ASSOCIATION OF PASTORAL MUSICIANS
Members of the Board - Arlington, VA and Washington, DC

ARLINGTON, VIRGINIA CHAPTER

Eugene Harper, Director
gwppapi@gmail.com
 703-862-7822

Fr. Donald Rooney, Chaplain
frdonrooney@stbernapar.org

Richard Gibala,
 Diocesan Music Coordinator
rickpgibala@gmail.com
 703-524-2815

Anne Shingler, Secretary
a.shingler@gs-cc.org
 703-360-8029

Bob Malinowski, Treasurer
rlm7680@gmail.com
 703-569-4092

Tim Lewicki, Newsletter Editor
tlewicki@allsaintsva.org
 703-393-2146

E.J. Cochran, Membership
ejcochran@aol.com
 703-590-0030

Claire Scheppe, At-large
clmcaruso@gmail.com
 703-430-0811, ext. 123

David Mathers, Past Director
dmathers@stbernapar.org
 703-451-8576, ext. 112

WASHINGTON, DC CHAPTER

Amy Massey, Interim Director
music@mothersetonparish.org
 301-924-3838

Fr. Agustin Mateo Ayala, Chaplain
fathermateo@strose.com
 301-948-7545, ext. 229

Mark Kozeal, Treasurer
mkozeal@bna.com
 202-329-1701

Joan Laskey, Secretary
joanlaskey@verizon.net
 301-441-1168

Remi Bauer,
 Membership Coordinator
npmdcmembership@gmail.com
 301-926-7263

Mary Beaudoin,
 Program Coordinator
m.beaudoin3@verizon.net
 301-762-2143, ext 124

Jayne Traynor Rose,
 Program Coordinator
jayne.rose@aol.com
 301-365-1415, ext. 102

Susan DeCamp,
 Hospitality Coordinator
smdecamp@yahoo.com
 240-601-5750